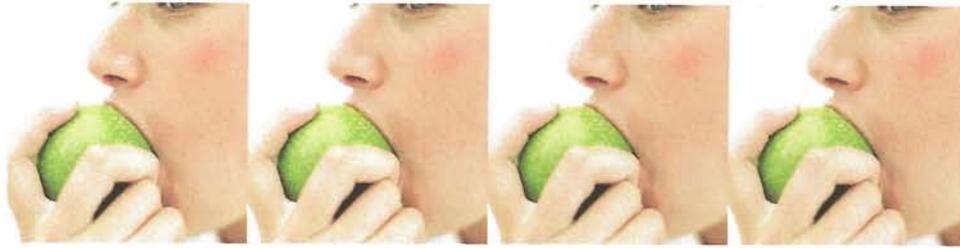


Apple Bytes  
February 2012



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## TeachWithMe.com's **Apple Bytes** February 2012

Welcome to the twelfth edition of **Apple Bytes!**  
Apple Bytes is *TeachWithMe.com's* monthly newsletter and teaching packet for subscription members only.

It's a "taste" of the themes for the month. A nice bonus in your mailbox filled with a little bit of this and that.

I design this especially for you, so please let me know what you'd like in the form of skill sheets, helpful forms, borders for stationery, themes, words for word cards etc. [diane@teachwithme.com](mailto:diane@teachwithme.com)

### **Themes this month:**

- **Groundhogs**
- **Valentines/hearts**
- **Presidents (Lincoln & Washington)**
- **Dental Hygiene**

Be sure and check February 2011 Apple Bytes for more fun things.

Although I've been following a specific format for each month that is similar to the last month, I do not want Apple Bytes to be repetitive, so things that were done in last year's issue I don't repeat here.

i.e., I had, "*Happy Valentine's Day!*" as a "**Trace and Write**" so I chose "*Happy President's Day!*" and "*Happy Groundhog Day!*" for this issue.

I follow a specific format because I think it empowers students to be independent. If you've done a certain skill sheet and explained it one

month, when you pass it out the next month, students know what to do. I find that they also look forward to this kind of structure and it builds their self-esteem as well, because they feel smart.

I've included a blank sheet of teeth for the *What Comes Next?* skill sheets, so that you can put in whatever numbers you want your students to work on, like counting by 2's and 3's, or higher numbers past 25.

Add a student's school picture to the *Valentine Color Counting* booklet to make it a real keepsake.

I hope you enjoy this month's activities.

I wish you a love-filled Valentine's Day and a fabulous February!

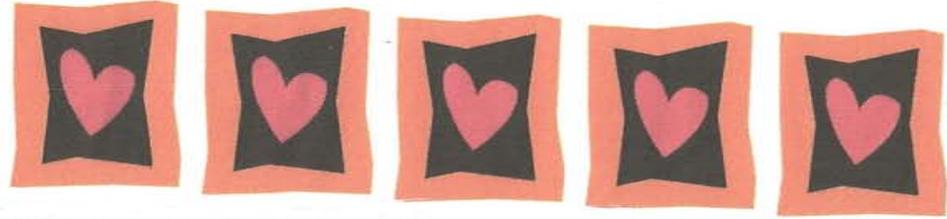
**Be Blessed!**

Diane

Diane Henderson ☺



# February



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			



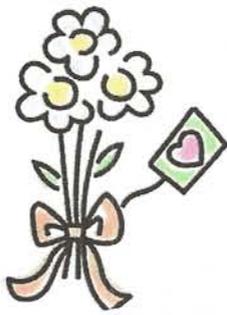
# February

## Daily Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday

# February



## To Do List

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TRACE and then WRITE the word.

February

February

February







TRACE and then WRITE the sentence.  
Use a different color for each line.

Happy Groundhog Day!

Happy Groundhog Day!

Happy Groundhog Day!

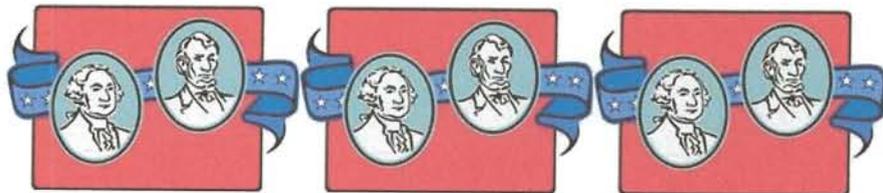


TRACE and then WRITE the sentence.  
Use a different color for each line.

Happy President's Day!

Happy President's Day!

Happy President's Day!

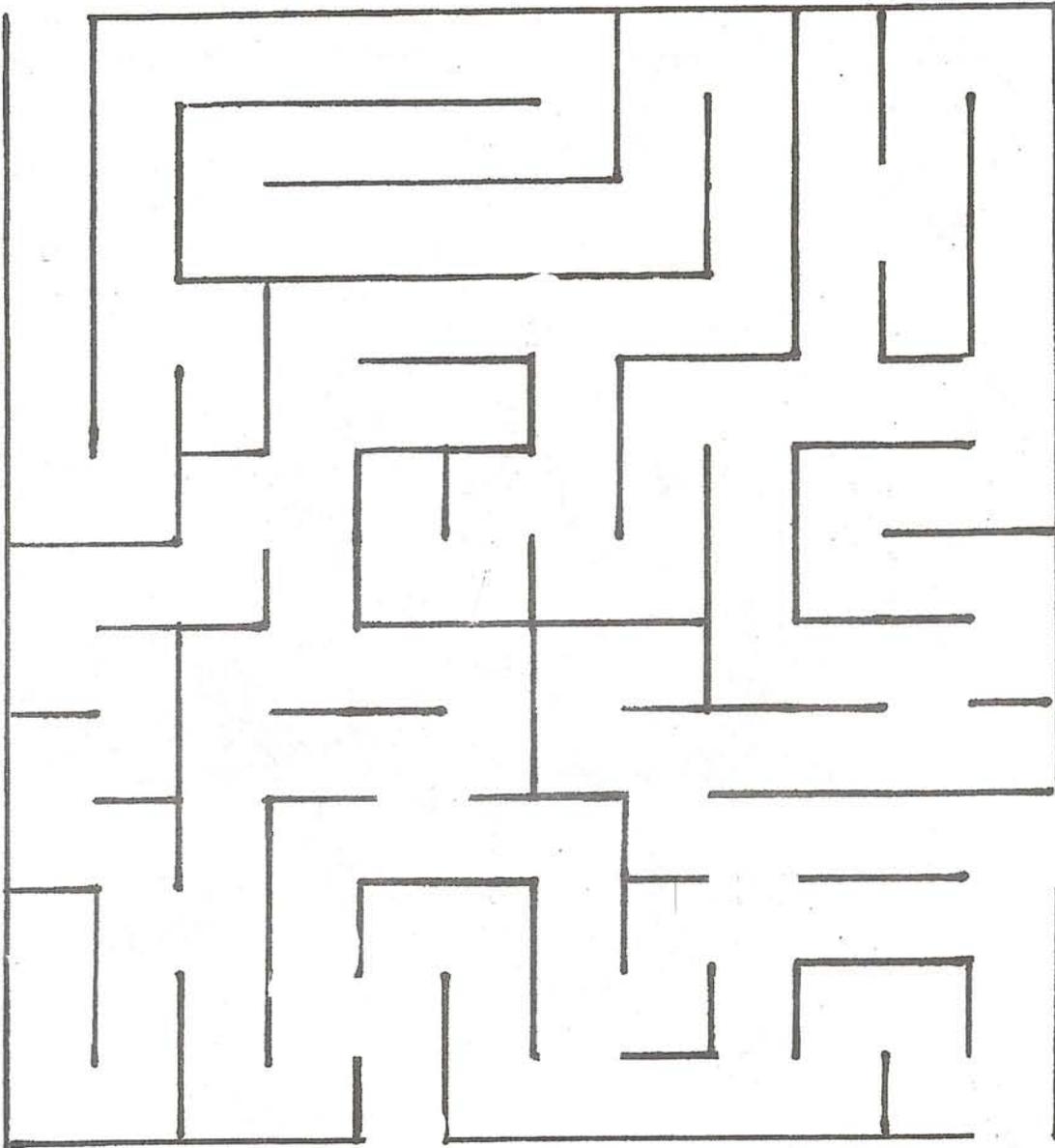


CUT and GLUE the hearts to complete the pattern.

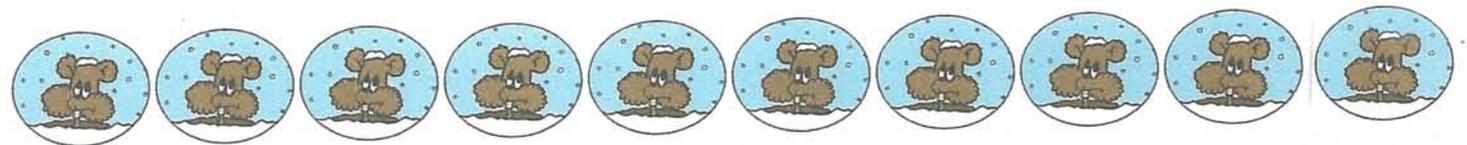
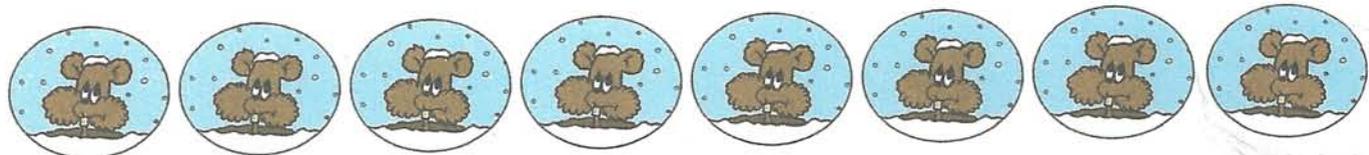
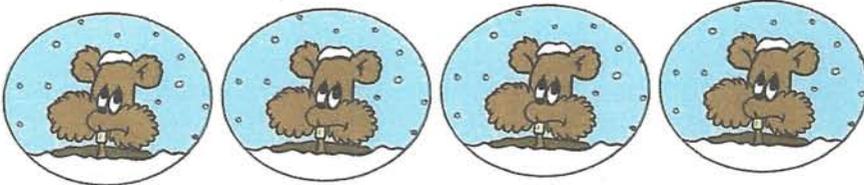
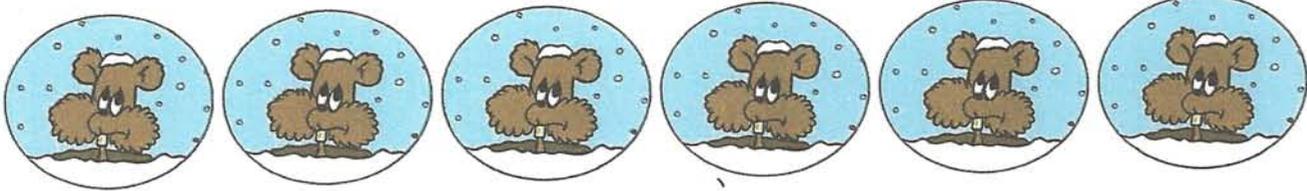
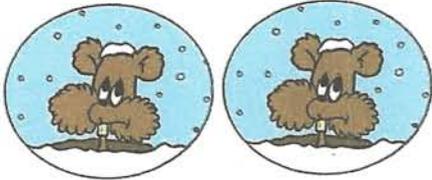




The little boy has a sore tooth. Help him get to the dentist!  
There is more than one way. How many can you find?



Count how many and write the number.



Add or subtract, then write the answer.

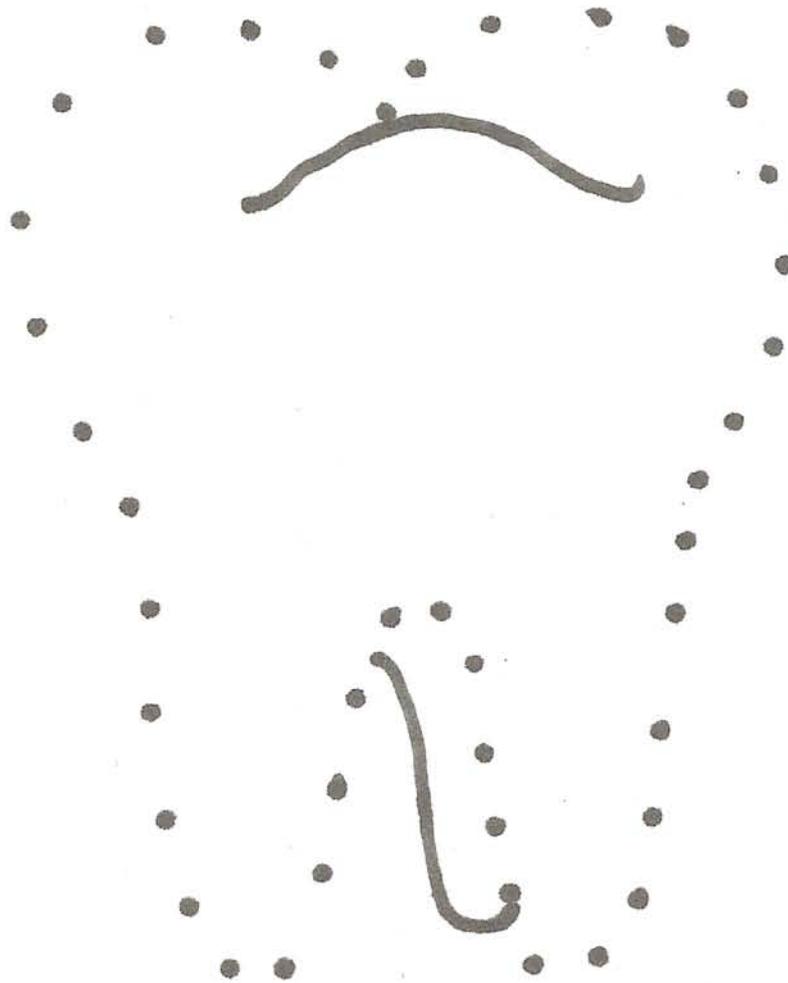
			+					_____
					+			_____
					+			
					-			_____
							-	

Add or subtract, then write the answer.

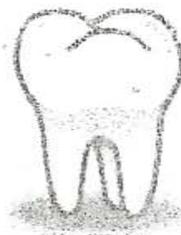
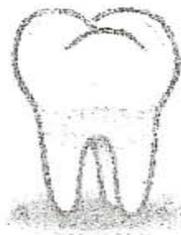
The worksheet contains the following visual equations:

- 5 portraits + 5 portraits = 10 portraits
- 5 portraits + 5 portraits = 10 portraits
- 5 portraits + 5 portraits = 10 portraits
- 5 portraits - 2 portraits = 3 portraits
- 5 portraits + 5 portraits = 10 portraits
- 5 portraits - 2 portraits = 3 portraits

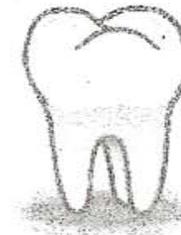
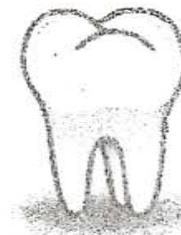
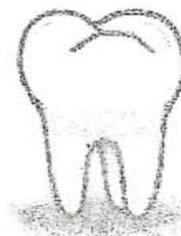
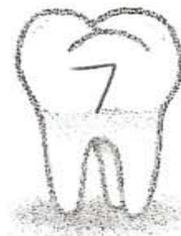
# Pinch & Poke



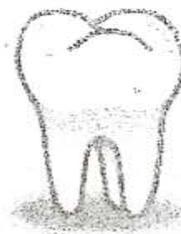
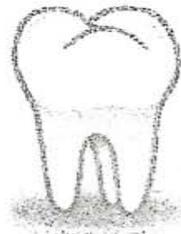
Brush your teeth every day  
and you will avoid the Cavity Creeps' decay!



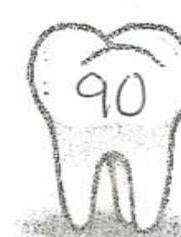
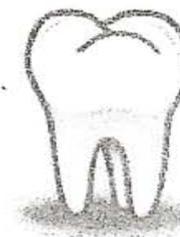
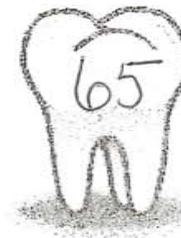
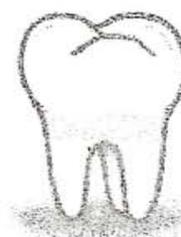
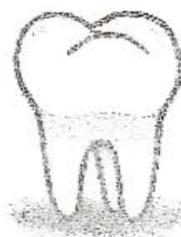
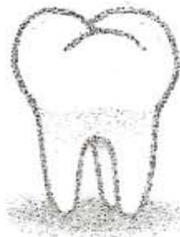
What comes next?



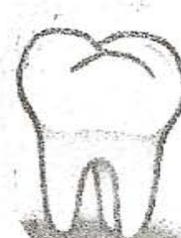
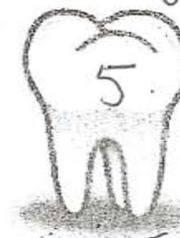
\* Count by 1's



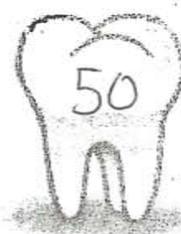
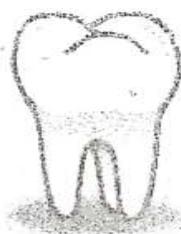
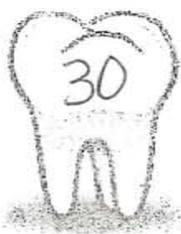
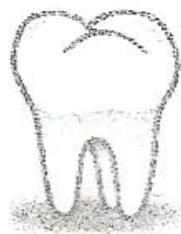
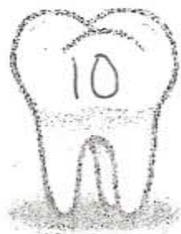
What comes next?



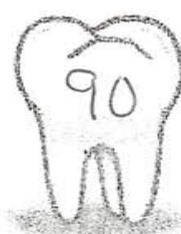
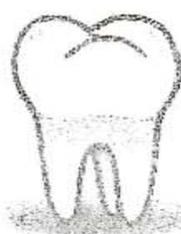
Start again...



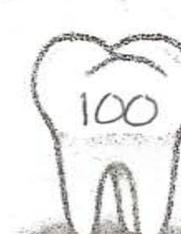
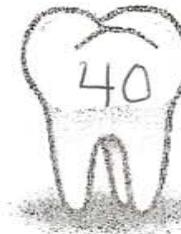
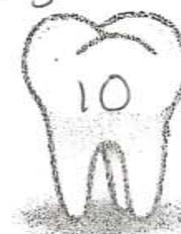
Count by 5's



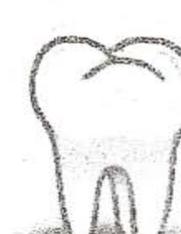
What comes next?



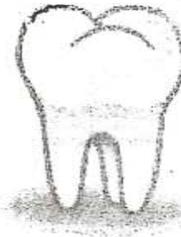
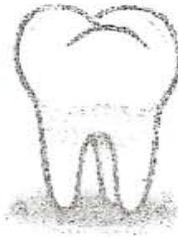
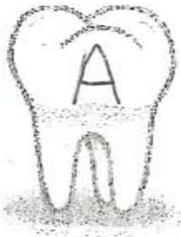
Start again...



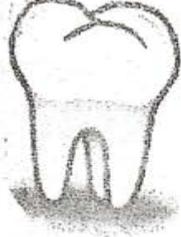
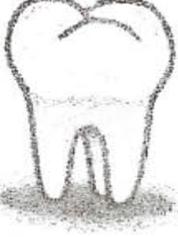
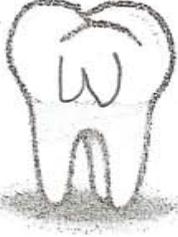
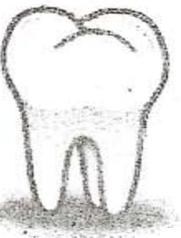
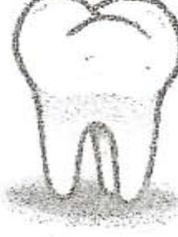
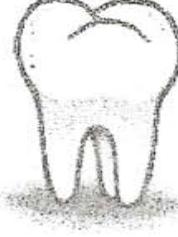
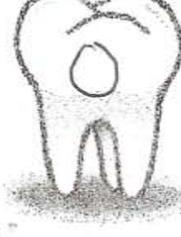
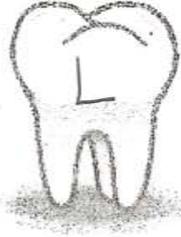
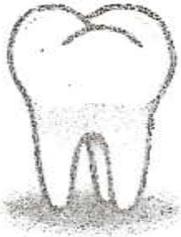
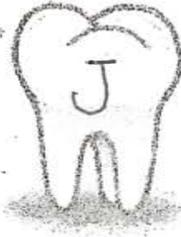
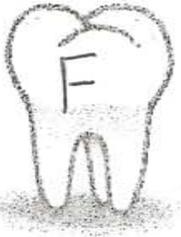
One more time...



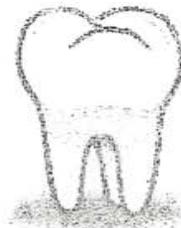
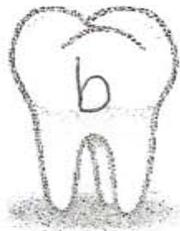
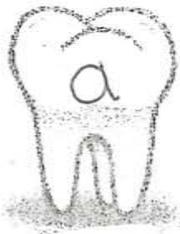
\* Count by 10's



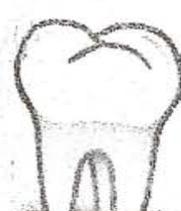
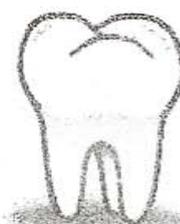
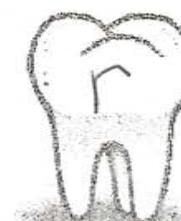
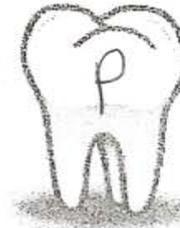
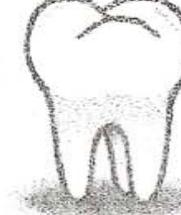
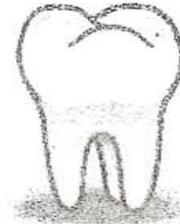
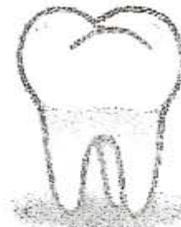
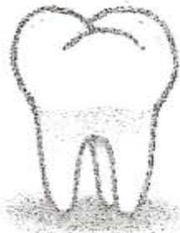
What comes next?



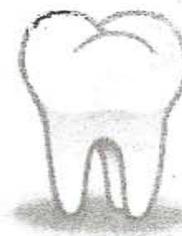
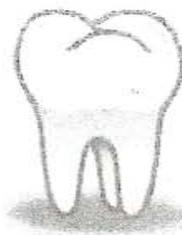
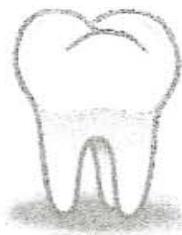
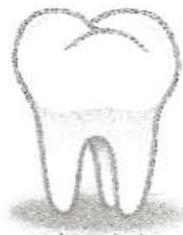
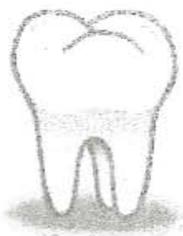
\* Upper case



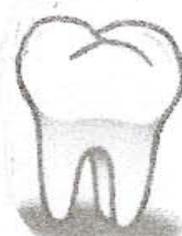
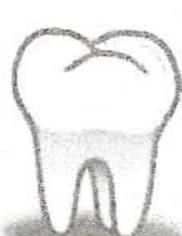
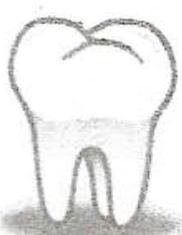
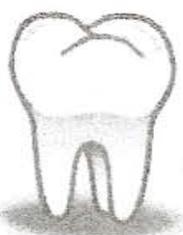
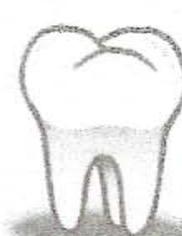
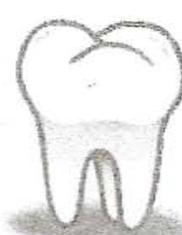
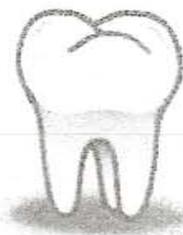
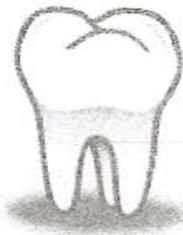
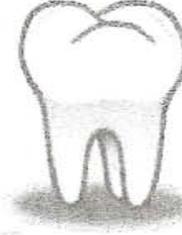
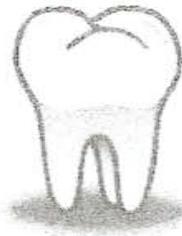
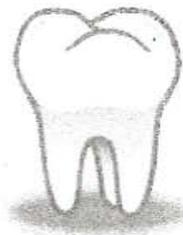
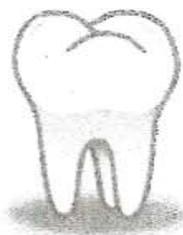
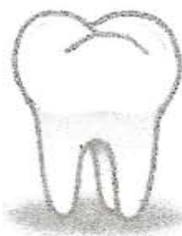
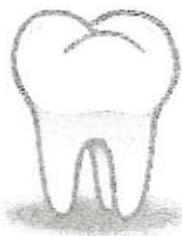
What comes next?

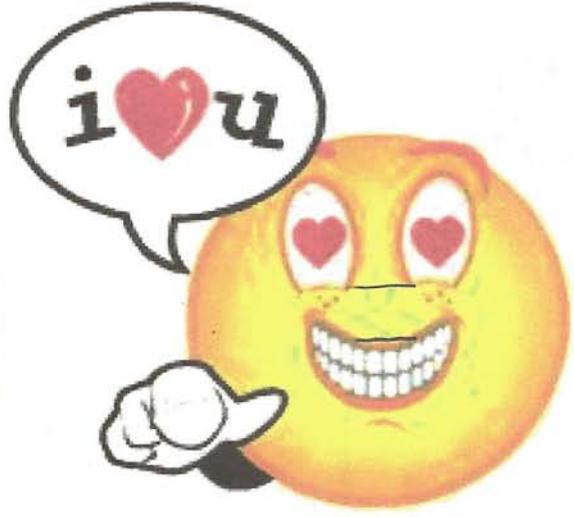
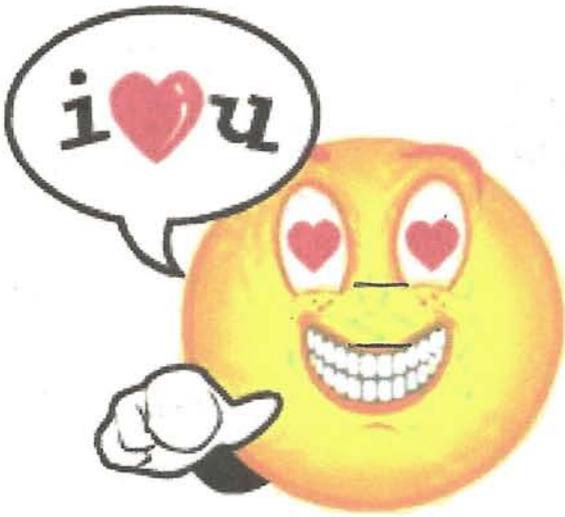
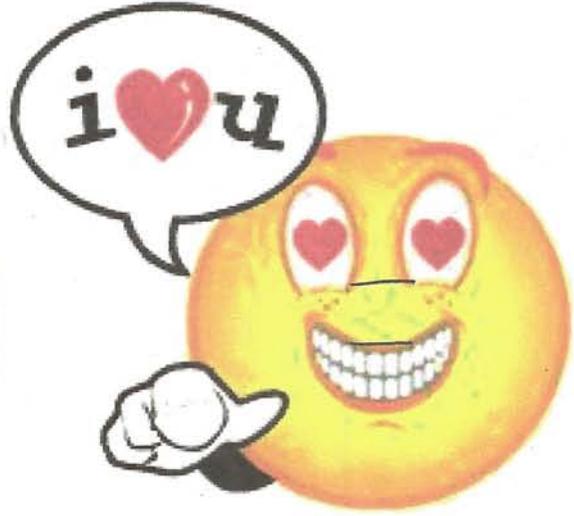
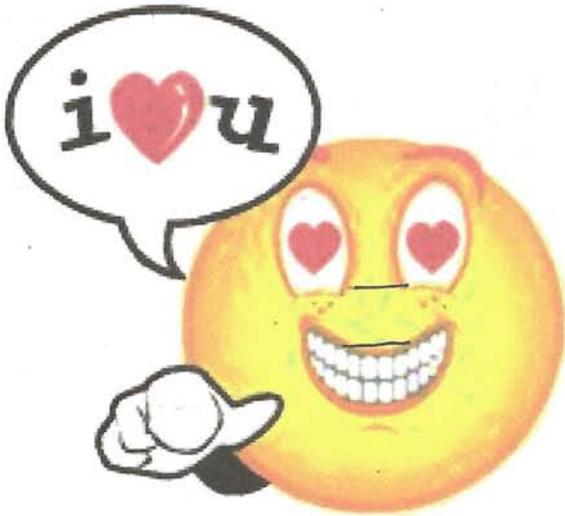
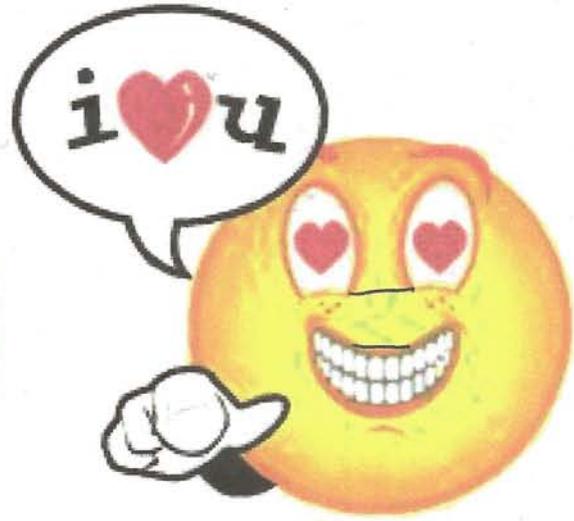
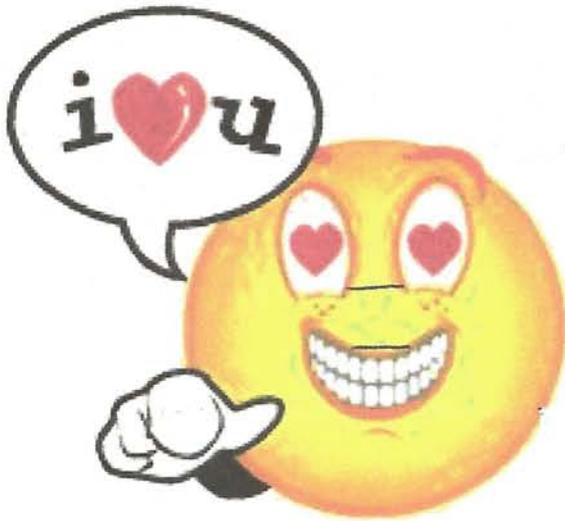


\* Lowercase

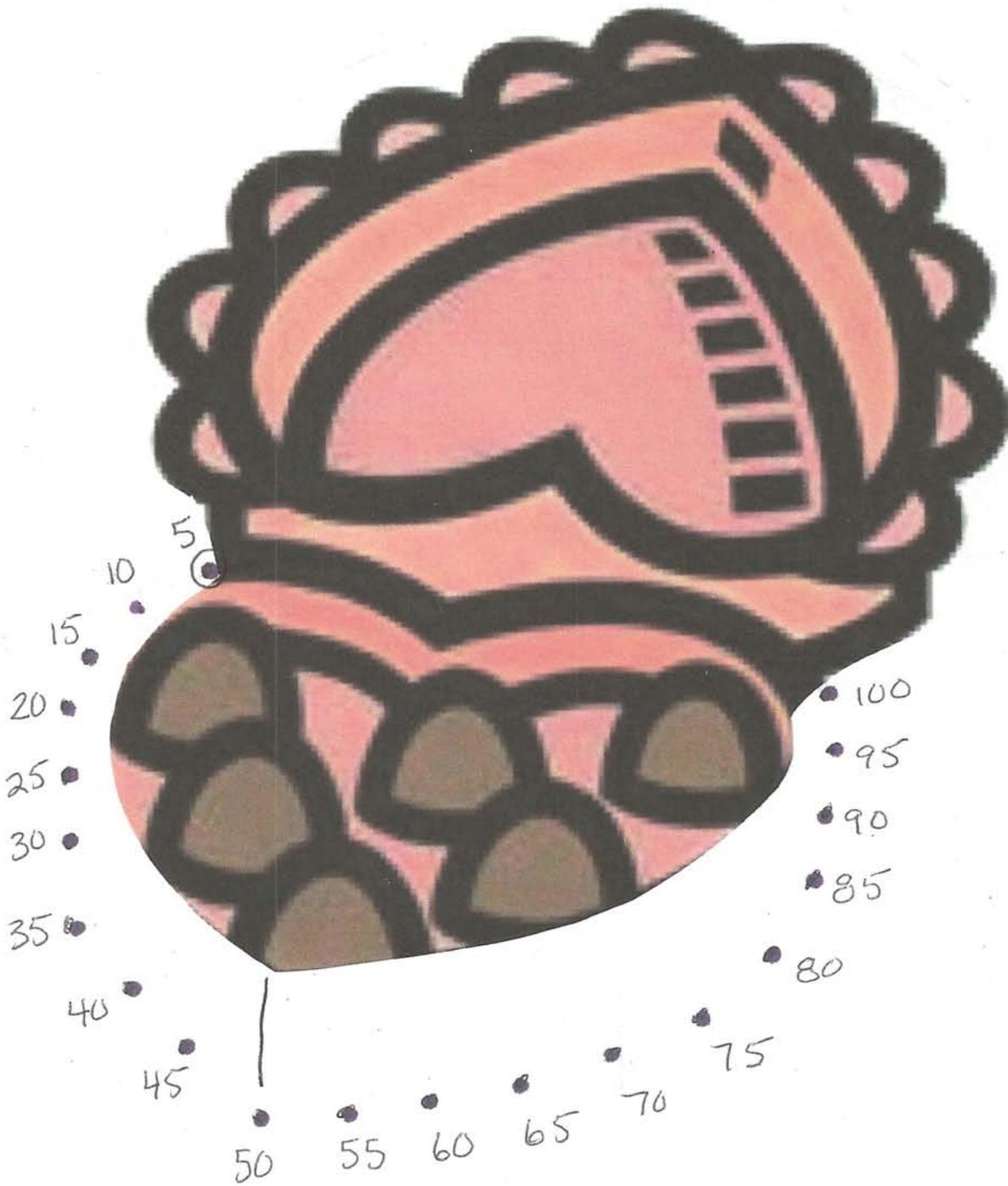


What comes next?



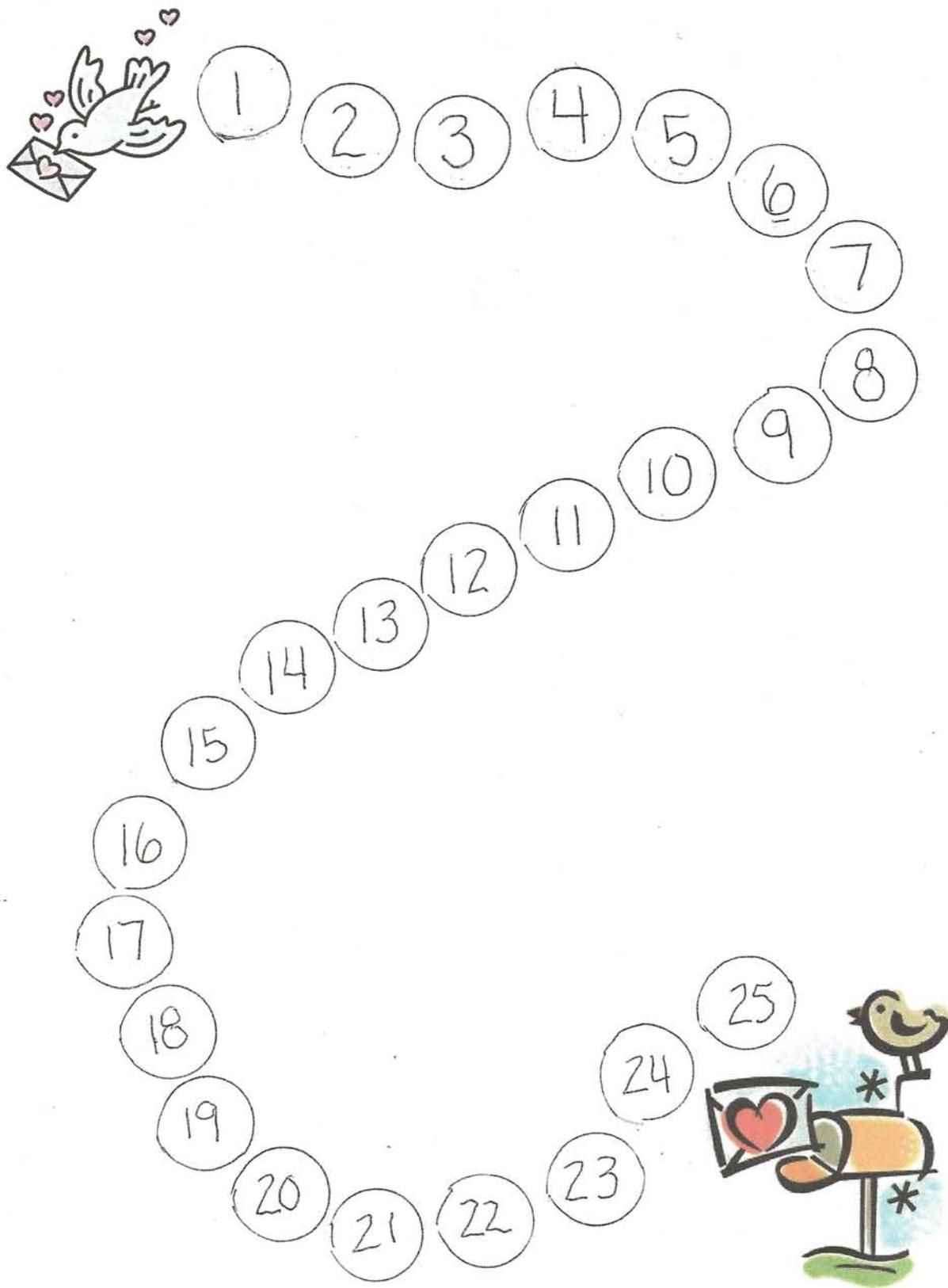


Connect the dots.



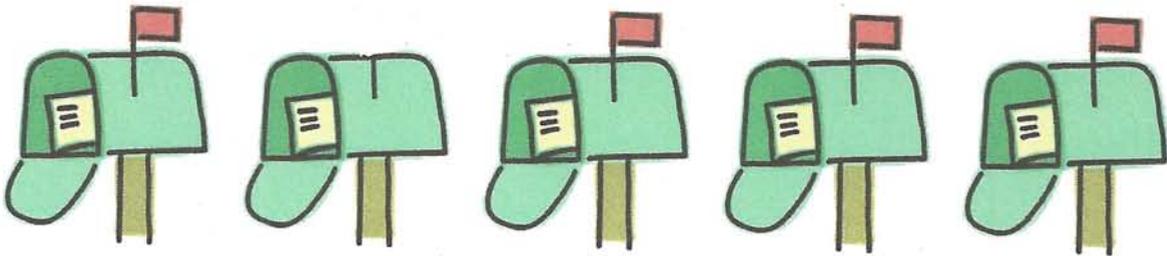
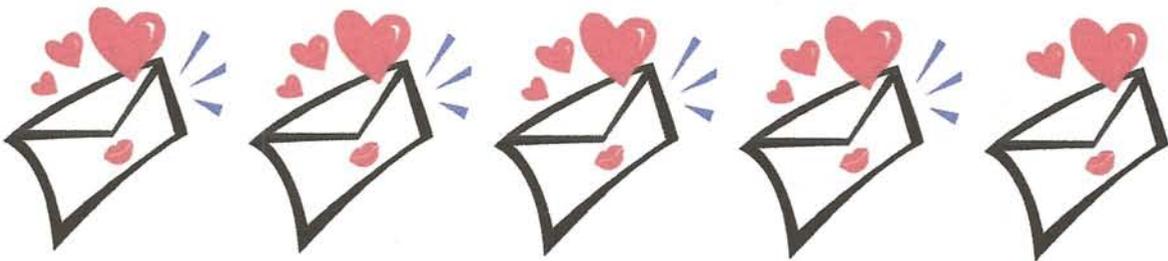
Count by 5's.

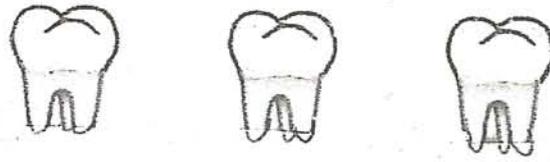
Get the Valentine to the mailbox. Bingo dot an ABAB pattern.



Count as you dot.

There is a "spy", one that is different in each row. Find it and zap them with an X.





**I lost a tooth at school today!**



**I lost a tooth at school today!**



**I lost a tooth at school today!**



# Congratulations!

\_\_\_\_\_ did a sparkling job during our  
Dental Hygiene Unit.

Teacher: \_\_\_\_\_ Date: \_\_\_\_\_



# Congratulations!

\_\_\_\_\_ did a sparkling job during our  
Dental Hygiene Unit.

Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Challenge word flashcards for heart alphabet

 <p>Aa</p>	 <p>Bb</p>
 <p>Cc</p>	 <p>Dd</p>
 <p>Ee</p>	 <p>Ff</p>
 <p>Gg</p>	 <p>Hh</p>
 <p>Ii</p>	 <p>Jj</p>

Challenge word flashcards for Heart Alphabet 2

 Kk	 Ll
 Mm	 Nn
 Oo	 Pp
 Qq	 Rr
 Ss	 Tt

Challenge word flashcards for Heart Alphabet 3

 Uu	 Vv
 Ww	 Xx
 Yy	 Zz
	
	

My Counting Itty Bitty Word Card Booklet	My Counting Itty Bitty Word Card Booklet
My Counting Itty Bitty Word Card Booklet	My Counting Itty Bitty Word Card Booklet
My Counting Itty Bitty Word Card Booklet	My Counting Itty Bitty Word Card Booklet
My Counting Itty Bitty Word Card Booklet	My Counting Itty Bitty Word Card Booklet
My Counting Itty Bitty Word Card Booklet	My Counting Itty Bitty Word Card Booklet

Heart counting by 1's

 1	 2
 3	 4
 5	 6
 7	 8
 9	 10

heart counting by 1's

 11	 12
 13	 14
 15	 16
 17	 18
 19	 20

Heart counting by 1's

 21	 22
 23	 24
 25	 26
 27	 28
 29	 30

My Counting By 2's Itty Bitty Booklet	My Counting By 2's Itty Bitty Booklet
My Counting By 2's Itty Bitty Booklet	My Counting By 2's Itty Bitty Booklet
My Counting By 2's Itty Bitty Booklet	My Counting By 2's Itty Bitty Booklet
My Counting By 2's Itty Bitty Booklet	My Counting By 2's Itty Bitty Booklet
My Counting By 2's Itty Bitty Booklet	My Counting By 2's Itty Bitty Booklet

Challenge word flashcards for Heart Counting by 2's

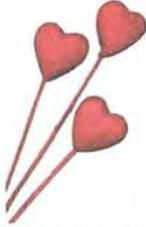
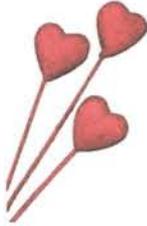
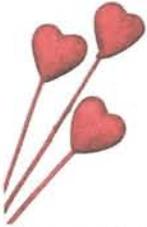
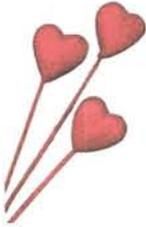
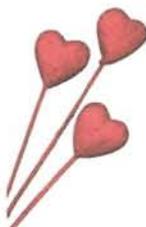
 2	 4
 6	 8
 10	 12
 14	 16
 18	 20

Challenge word flashcards for Heart Counting by 2's

 22	 24
 26	 28
 30	 32
 34	 36
 38	 40

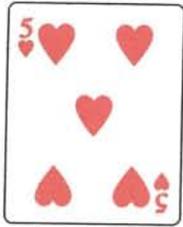
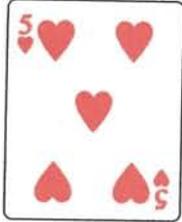
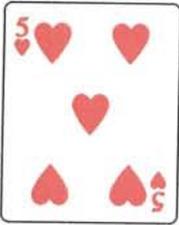
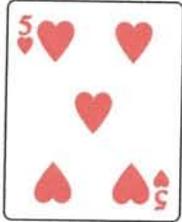
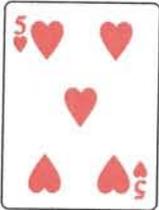
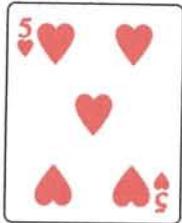
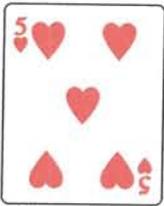
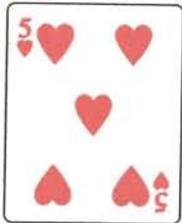
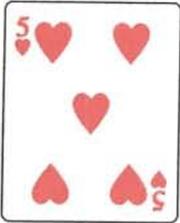
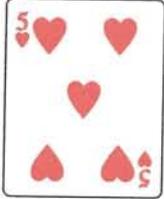
My Counting By 3's Itty Bitty Booklet	My Counting By 3's Itty Bitty Booklet
My Counting By 3's Itty Bitty Booklet	My Counting By 3's Itty Bitty Booklet
My Counting By 3's Itty Bitty Booklet	My Counting By 3's Itty Bitty Booklet
My Counting By 3's Itty Bitty Booklet	My Counting By 3's Itty Bitty Booklet
My Counting By 3's Itty Bitty Booklet	My Counting By 3's Itty Bitty Booklet

Challenge word flashcards for Heart Counting by 3's

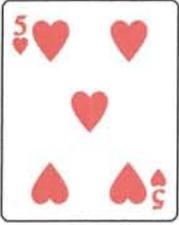
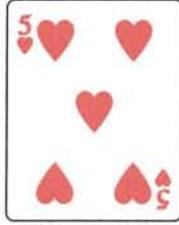
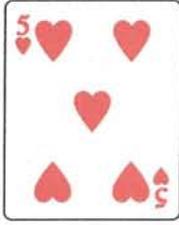
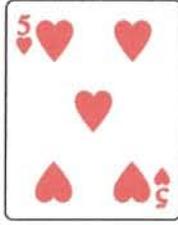
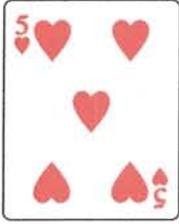
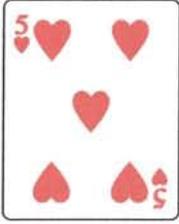
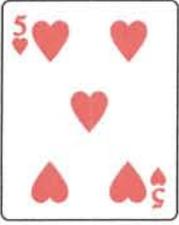
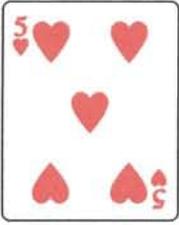
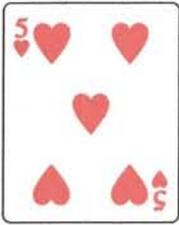
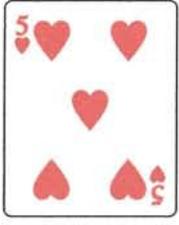
 3	 6
 9	 12
 15	 18
 21	 24
 27	 30

My Counting By 5's Itty Bitty Booklet	My Counting By 5's Itty Bitty Booklet
My Counting By 5's Itty Bitty Booklet	My Counting By 5's Itty Bitty Booklet
My Counting By 5's Itty Bitty Booklet	My Counting By 5's Itty Bitty Booklet
My Counting By 5's Itty Bitty Booklet	My Counting By 5's Itty Bitty Booklet
My Counting By 5's Itty Bitty Booklet	My Counting By 5's Itty Bitty Booklet

Challenge word flashcards for counting by 5's

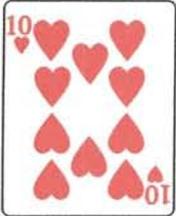
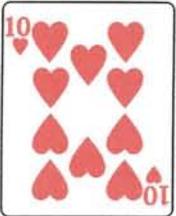
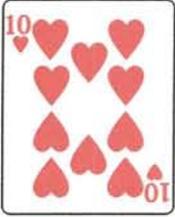
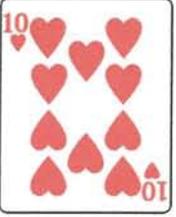
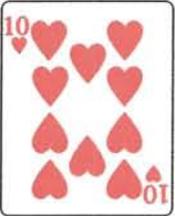
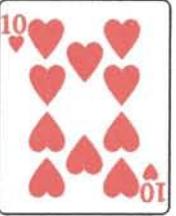
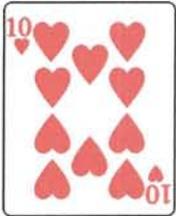
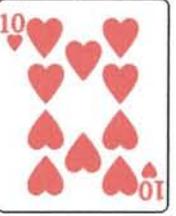
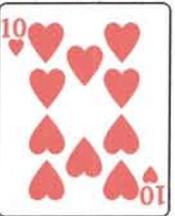
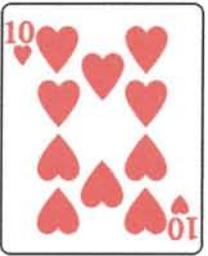
 5	 10
 15	 20
 25	 30
 35	 40
 45	 50

Heart Counting by 5's B

 55	 60
 65	 70
 75	 80
 85	 90
 95	 100

My Counting By 10's Itty Bitty Booklet	My Counting By 10's Itty Bitty Booklet
My Counting By 10's Itty Bitty Booklet	My Counting By 10's Itty Bitty Booklet
My Counting By 10's Itty Bitty Booklet	My Counting By 10's Itty Bitty Booklet
My Counting By 10's Itty Bitty Booklet	My Counting By 10's Itty Bitty Booklet
My Counting By 10's Itty Bitty Booklet	My Counting By 10's Itty Bitty Booklet

Heart counting by 10's

   10	 20
 30	 40
 50	 60
 70	 80
 90	   100

Covers for February Words

My Itty Bitty Booklet Of February Words	My Itty Bitty Booklet Of February Words
My Itty Bitty Booklet Of February Words	My Itty Bitty Booklet Of February Words
My Itty Bitty Booklet Of February Words	My Itty Bitty Booklet Of February Words
My Itty Bitty Booklet Of February Words	My Itty Bitty Booklet Of February Words
My Itty Bitty Booklet Of February Words	My Itty Bitty Booklet Of February Words

February Word Wall Word Cards

valentine	heart
party	red
pink	white
lace	love
groundhog	hug

February Word Wall Word Cards

president	Lincoln
Washington	tooth
blue	cavity
dentist	brush
floss	gargle

February Word Wall Word Cards

shadow

sun

hygiene

candy

mail

stamp

post  
office

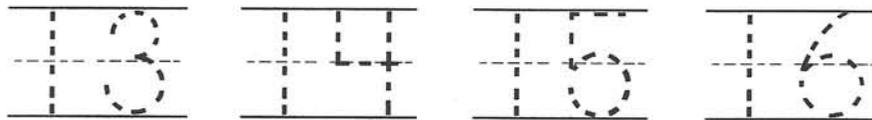
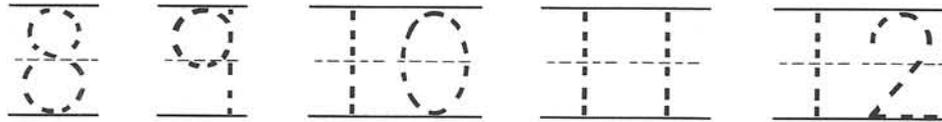
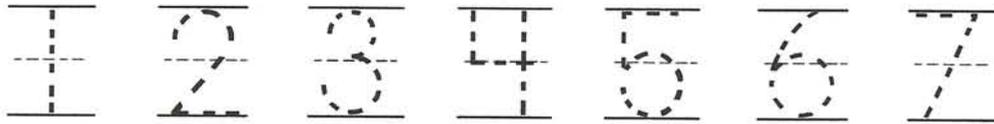
address

send

kiss



TRACE and then WRITE the numbers.





TRACE and then WRITE the numbers.

21 22 23 24 25

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26 27 28 29 30

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31 32 33 34 35

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36 37 38 39 40

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TRACE and then WRITE the letters

Aa Bb Cc Dd

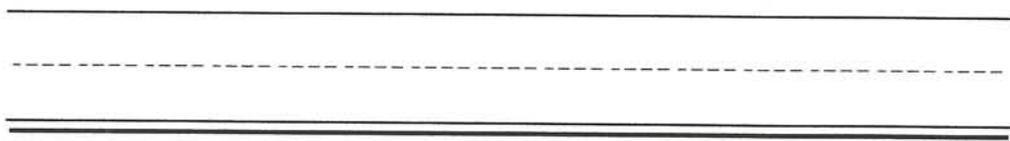
Ee Ff Gg Hh

Ii Jj Kk Ll Mm

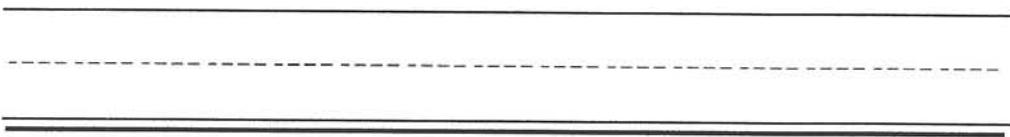
Nn Oo Pp Qq



Rr Ss Tt Uu Vv



Ww Xx Yy Zz





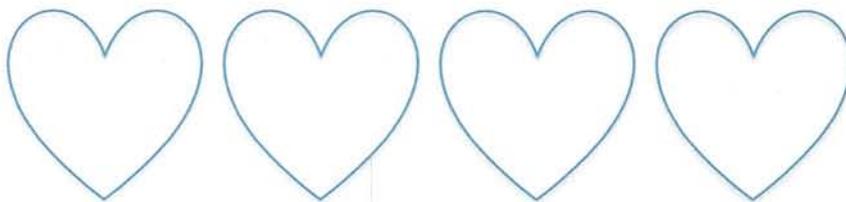
Valentine

Color

Counting

By

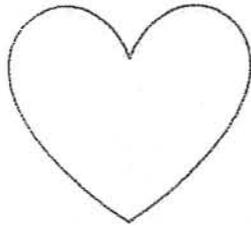
Blank handwriting lines consisting of a top solid line, a middle dashed line, and a bottom solid line.



I see 1 red valentine.

1 one

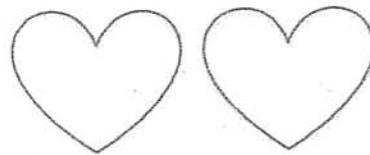
red



I see 2 orange valentines.

2 two

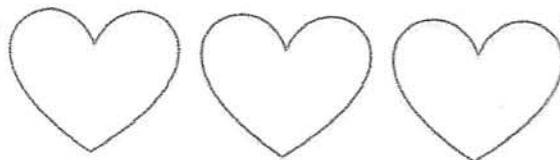
orange



I see 3 yellow valentines.

3 three

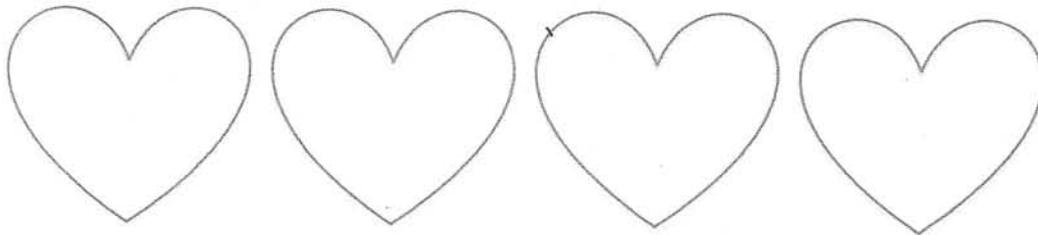
yellow



I see 4 green valentines.

4 four

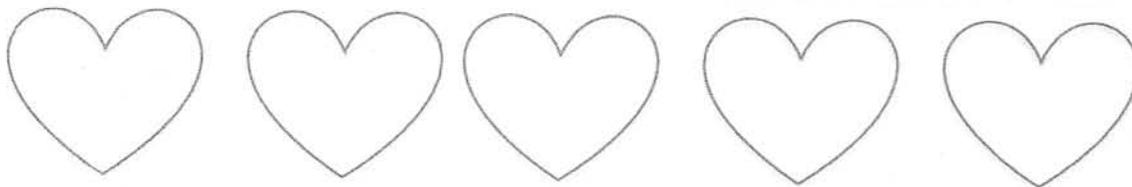
green



I see 5 blue valentines.

5 five

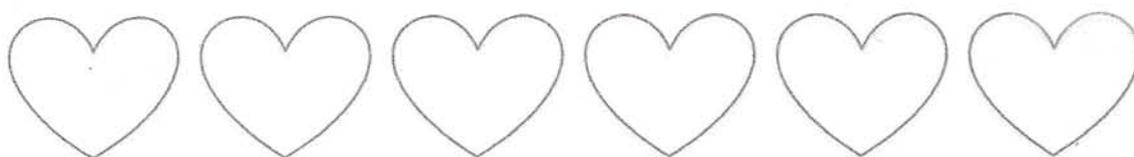
blue



I see 6 purple valentines.

6 six

purple



I see 7 pink valentines.

7 seven

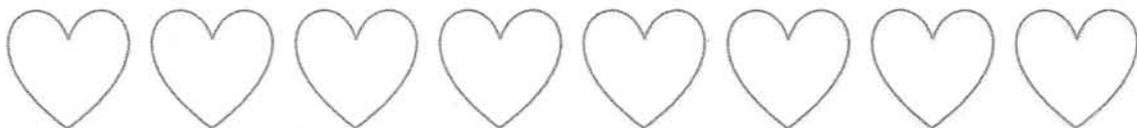
pink



I see 8 brown valentines.

8 eight

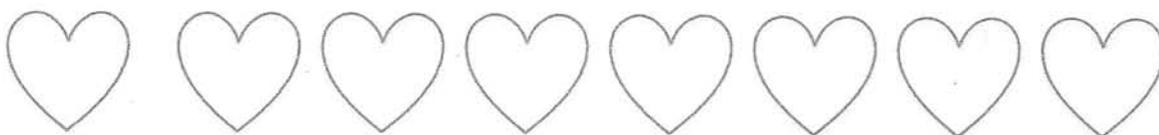
brown



I see 9 gray valentines.

9 nine

gray



I see 10 white valentines.

10 ten

white



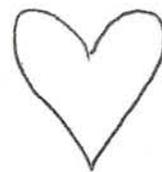
They all come to

say, Happy

Valentine's Day!



Love,



I see 1 red valentine.

1 1 one one

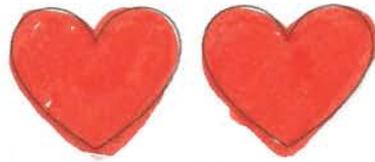
red red



I see 2 orange valentines.

2 2 two two

orange orange



I see 3 yellow valentines.

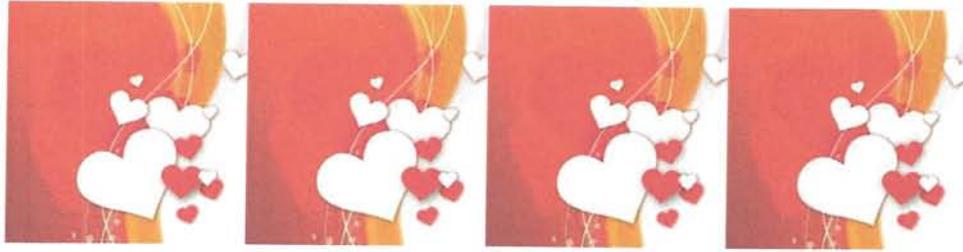
3 3 three three

yellow yellow





Thanks for holding my hand  
and touching my heart.  
I love you.



## **Thank you heart within hands**

### **Background:**

I'm an avid pinner on Pinterest. There was a photo of a pair of white gloves with a part of a felt heart on the palm of each one that was repinned many times. I could not trace it back to the designer, but they were my inspiration for this art project.

### **Materials:**

- Red and white or flesh-toned construction paper.

**FYI:** Although I did my initial design with white construction paper because of the white gloves and valentine colors, I think it turned out too "stark", especially when you add fingernails. I think perhaps flesh-colored paper depending on your students' ethnicity would look more natural. Several craft stores sell a multi-colored packet of "flesh" for this particular purpose. ☺

- Scissors
- Glue sticks
- Red, pink and flesh-toned crayons or markers.

### **Directions:**

1. Fold a sheet of white/flesh construction paper in half.
2. Trace students' hand and cut once to get two hands.
3. Children color fingernails on their hands. Boys may want to choose a darker flesh color, girls may want to use pink or red for a nail polish look.
4. Make sure that they do a right and left hand. (Show them how the thumbs look.)
5. Using a Popsicle stick, show students how to curl their fingers over.

6. Make sure to remind them to be gentle and go slow, so they don't rip off an appendage!
7. If you look closely at the photo I ripped my thumb off, but I was using a scissors before I tried a Popsicle stick, which worked well and then little ones could do this step as it was now safe.
8. Make a heart template that will fit your students' hands.
9. Mine was large because I traced my hand.
10. Run this off on red construction paper.
11. Children cut out their heart and then cut it in half.
12. Students glue one half of their heart on one palm and the other on the other one.
13. Tell/show them that the heart should hang a bit over their palm so that they can flip their hand over to trim off the edge.
14. This way the edge of the heart is rounded and shapes their palm.
15. Have them glue the right hand on top of the left just enough so that the heart pieces look joined and make one solid-looking heart.
16. Students glue the message to the center of the heart and sign it.
17. For a cute valentine keepsake., allow children to choose a background color to glue their hands to.
18. It is always best to make a sample for your students, so that you can model the steps and hang your finished example on the board.



Thanks for holding my hand  
and touching my heart.  
I love you.

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