



Mother Goose On The Loose!
Nursery Rhymes
With Jumping Movements In Them.

Read the rhymes and have students pick out the verbs (action words). Have them act out the nursery rhymes by jumping/leaping/hopping to get the wiggles out.



Jack be nimble
Jack be quick
Jack jumped over
the candlestick.



Hey diddle diddle
The cat and the fiddle
The cow jumped over the moon
The little dog laughed
to see such sport
And the dish
ran away with the spoon.





Little Miss Muffet
Sat on a tuffet
Eating her curds and whey
Along came a spider
and sat down beside her
And frightened Miss
Muffet away.



**Horsey horsey don't you stop
Just let your feet go clippetty clop
The tail goes swish
and the wheels go round
Giddy up, we're homeward bound.**





**Little Robin Red breast sat upon a tree,
Up went pussy cat and down went he;
Down came pussy, and away Robin ran;
Says little Robin Red breast, "Catch me if you can".
Little Robin Red breast jumped upon a wall,
Pussy cat jumped after him and almost got a fall;
Little Robin chirped and sang,
and what did pussy say?
Pussy cat said, "Meeow!" and Robin jumped away.**