



right

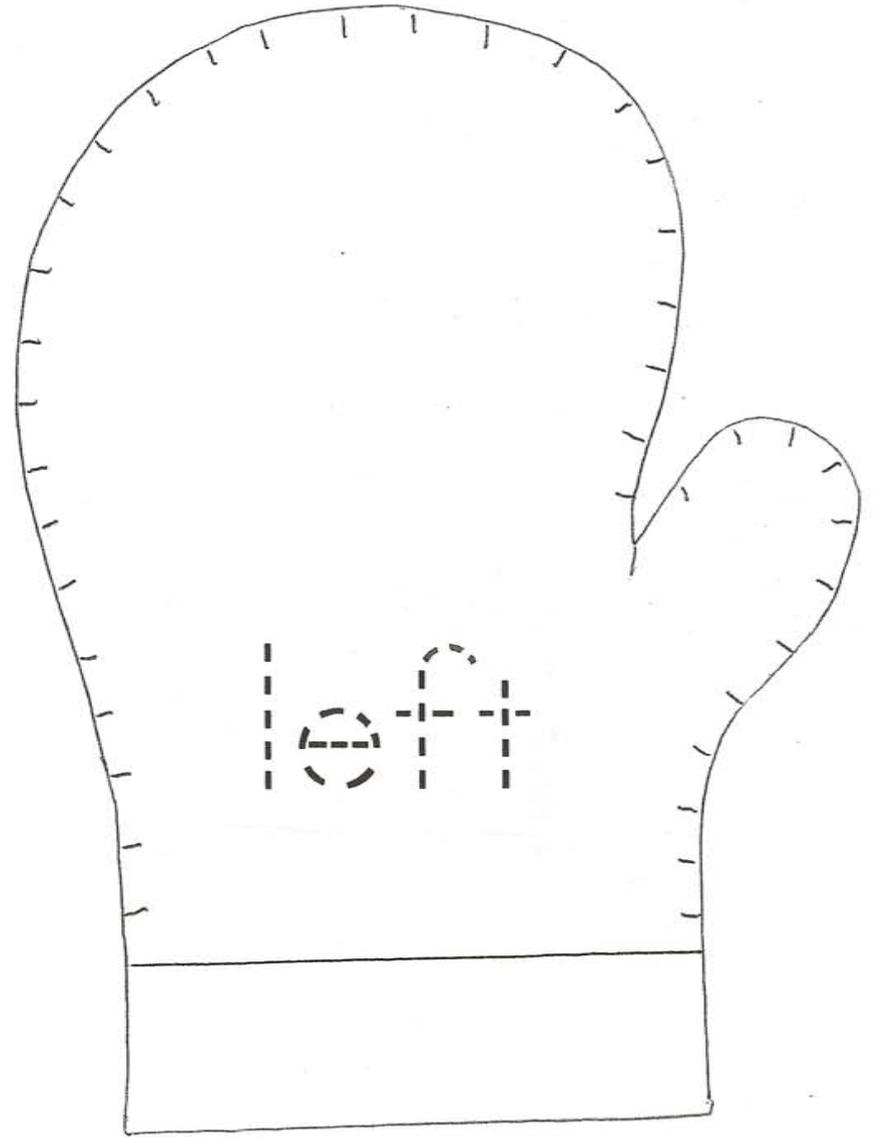
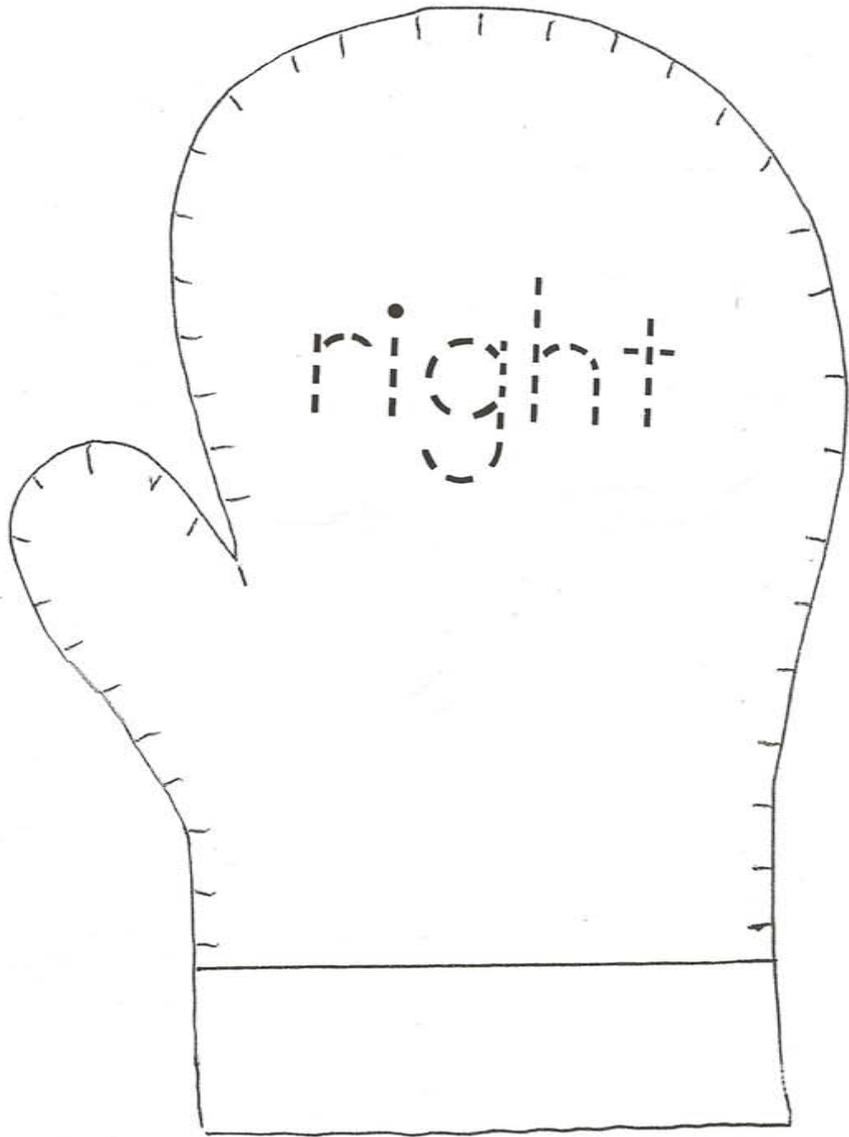
Diane

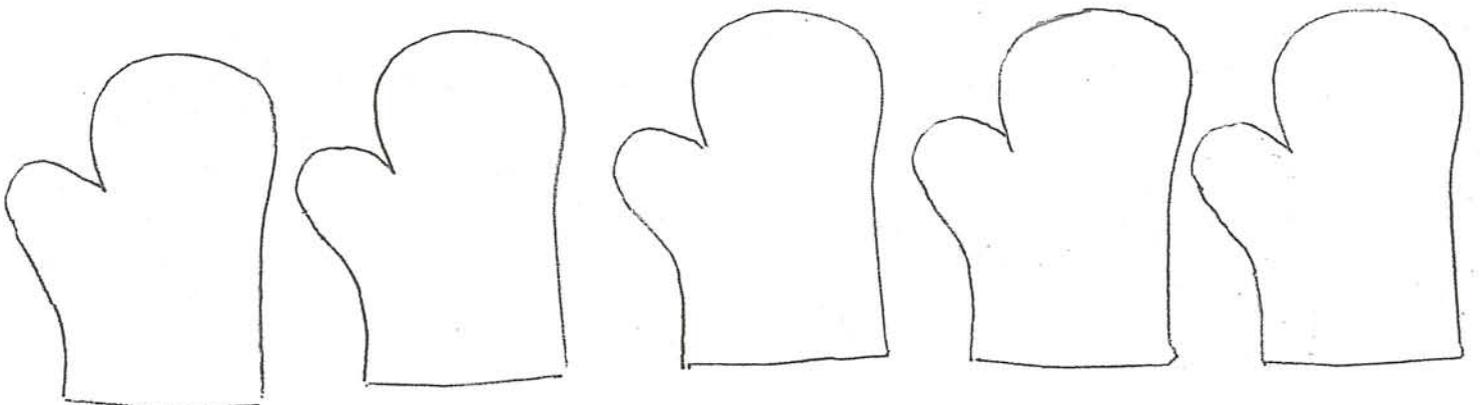
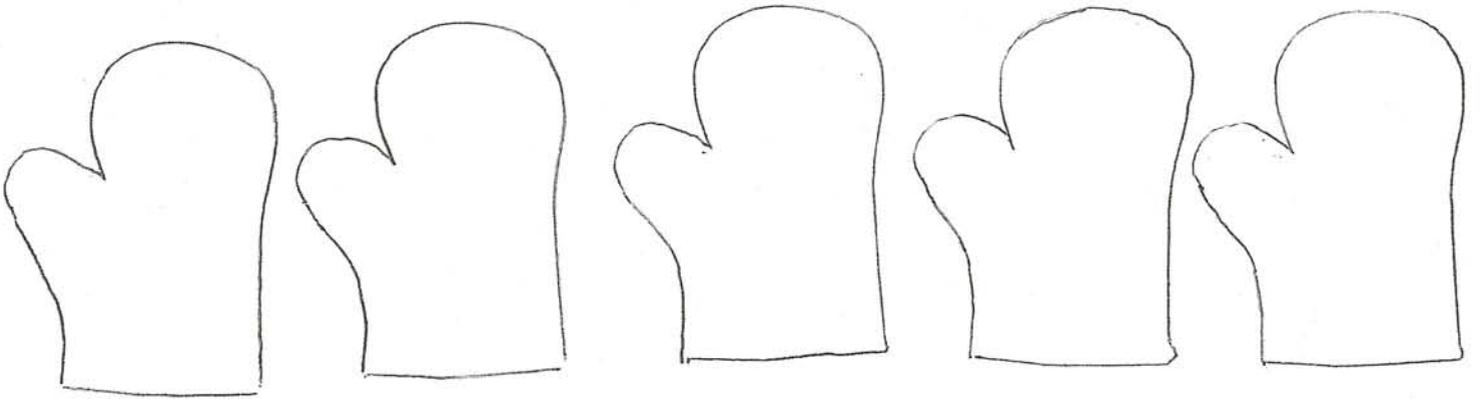
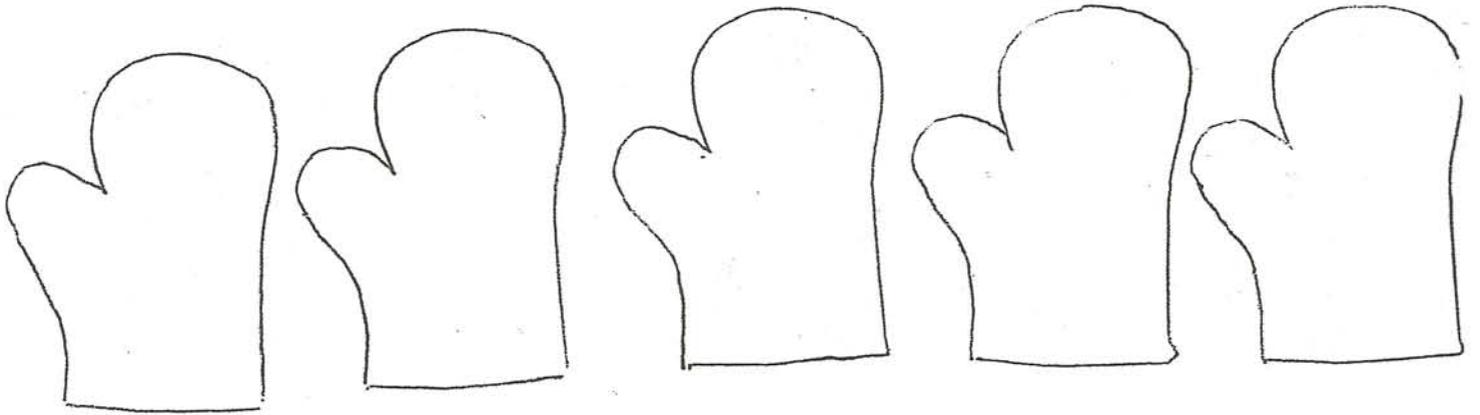
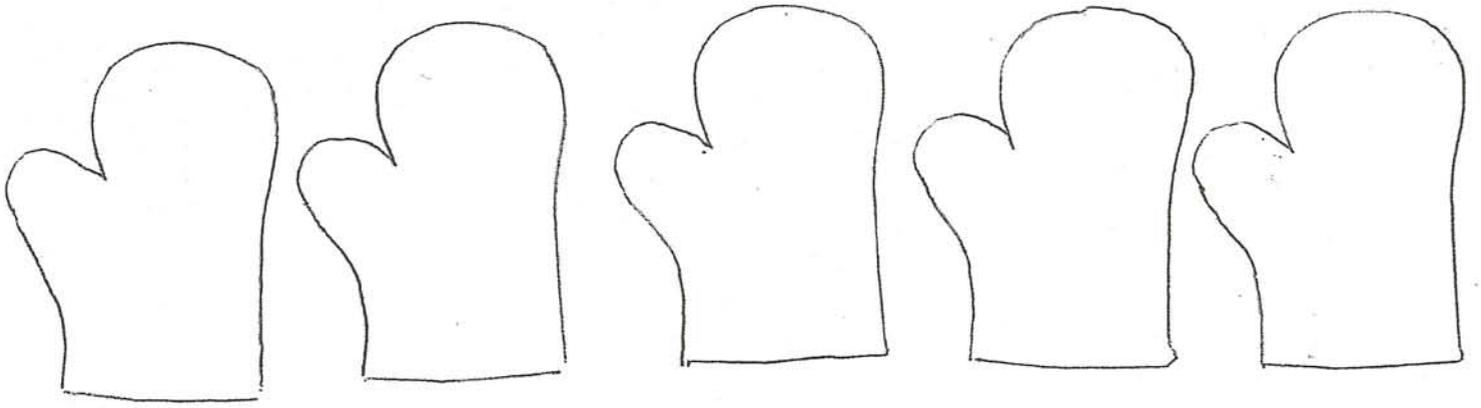


Diane

left

Diane







## **Mitten Sticks**

©TeachWithMe.com

### **Materials:**

- Construction paper
- Large Popsicle sticks
- Small ones for the pointer mittens
- Scissors
- Glue sticks
- Markers

### **Directions:**

1. Run off templates on a variety of colored construction paper.
2. Students trace the left and right words with a marker or crayon.
3. Children write their name on one of the cuffs.
4. Students cut out their mitten pairs and glue them back-to-back on their Popsicle stick so that the words show.
5. You can use these mitten sticks in a variety of ways.
6. Help students understand left and right directions by giving them specific commands using those vocabulary terms.
7. Ask students opinions and take a count by having children raise their mitten stick.
8. Have them put their mitten thumbs up or down if they like or don't like something.
9. Give spatial direction clues by having them put their mitten up, down, behind, on, beside, between, over, under, etc.
10. Have them identify body parts with their mitten by having them put their mitten on their thigh, hip, waist, wrist, pulse, ankle, shin, etc.
11. Do the Mitten Pokey.

12. Have children make a pattern with their mittens: up-down-up-down or red mitten, green mitten, red mitten, green mitten etc.
  13. Count the mittens by 1's, 2's, 3's, 5's, 10's by holding them up when you say a number.
  14. Identify the color mittens in English and Spanish.
  15. Graph who chose what color mitten.
  16. Teacher's could use the mittens as a quiet-down technique and have children cover their mouth with their mitten or say "Shhhh!" with their mitten.
  17. Use the mini-mittens to follow along in a story.
  18. The mini-mittens can help cover words so that students can sound them out.
  19. The mini-mittens can be used as pointers on a page to show the correct answer, or to cover the wrong answer.
  20. Use the mini-mittens as a bookmark. Attach a paperclip to the mitten to hold it to a page, or simply tuck it in a book.
- If you think of other ways of using the mittens, I'd enjoy hearing from you. [diane@teachwithme.com](mailto:diane@teachwithme.com)





## **The Mitten Pokey**

©TeachWithMe.com

You put your mitten in  
You take your mitten out  
You put your mitten in  
And you shake it all about  
You do the Mitten Pokey  
And you turn yourself around  
That's what it's all about.  
You put your mitten up  
You put your mitten down  
You put your mitten up  
And you shake it all around.  
You do the Mitten Pokey  
And you turn yourself around  
That's what it's all about.  
You put your mitten to the left  
You put your mitten to the right  
You put your mitten to the left  
Now you hide it out of sight.  
You do the Mitten Pokey  
And you turn yourself around  
That's what it's all about.  
You do the Mitten Pokey  
You do the Mitten Pokey  
You do the Mitten Pokey  
Left-Right-Left-Right-Left! (Students put their palms together with the Popsicle stick in between them. They rub their hands together so that their mitten flips back and forth (twirls left and right) as they say the words.