



I Choose . . .

To live by choice, not by chance;  
To make changes, not excuses;  
To be motivated, not manipulated;  
To be useful, not used;  
To try my best and excel, not just compete.  
I choose self-esteem, not self pity.  
I choose to listen to my inner voice,  
not the random opinion of others.  
I choose to be me. I choose to be happy.